



# Addiction

There is a way out

**Did you know that 1 in 5 Canadians experiences a mental health or addiction problem in any given year?**

Please join us for a workshop where we will bring awareness to the most common mental health disorders and addictions through a discussion of the risk factors for the development of each, the various medical treatments available, and the role of counselling in the treatment of both mental illnesses and addictions.

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**Date: August 15<sup>th</sup> 2019**

**Time: 6:30pm – 8:30pm**

**Location: Room 402 City Center Library  
10350 University Drive, Surrey.**

If interested, please RSVP: [Info@barka.ca](mailto:Info@barka.ca) or Phone: 604-910-5974